# FREE E-BOOK FOR ORTHOPAEDIC NURSING – A COLLABORATIVE PROJECT ACROSS DENMARK

### BACKGROUND

Orthopaedic nursing care is described in research articles, clinical guidelines, instructions, and textbooks, but is not easily accessible in daily practice when onboarding new nurses or training student nurses. We, therefore, aimed to create an electronic book (E-book) with evidence-based and clinically relevant knowledge of the essential nursing care for selected orthopaedic patient groups.

## **METHODS**

The project was initiated by Research Center for Orthopaedic Nursing in Denmark, VIDOKS, in 2019. An editorial team of academic nurses representing all 5 regions of Denmark was established. The editorial team gathered 24 author teams consisting of competent clinicians and nurses with academic qualifications from orthopaedic surgery departments across Denmark. A chapter template and editorial guidelines were developed. The chapter template was pilot tested by the author team of the spine surgery chapter. All chapters were peer reviewed before publication.

### RESULTS

The first edition of the E-book was launched in 2022. The E-book consists of nine chapters covering the essentials of nursing care for patients within the following areas: infections, spine surgery, sports traumatology, hip fracture, amputation, sarcomas, hip arthroplasties, hand surgery and orthopaedic children surgery. Authors represented 24 departments across Denmark. In this way, national knowledge was shared and networks were established. The E-book is available at www.vidoks.dk free of charge.

# CONCLUSION and **PERSPECTIVES**

An electronic book describing evidence-based orthopaedic nursing care is available for all orthopaedic departments in Denmark and can be used in the departments' onboarding of new nurses and students. An easily transferable concept to other specialities and countries.









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